



# THE REGENT DIGEST

*Friday 17 February, 2023*

*Vol. 11 Issue 27*



**RESPECT**

**RESPONSIBILITY**

**RESOURCEFULNESS**

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## From The Editorial Desk

*Valentine Thomas*  
*Editor*

I sat down in the school hall last Friday during the Farewell Assembly held in honour of the immediate past Registrar of the school, Mr King Chukwuma Egwu and I mused at the words he spoke.

After all the speeches and encomiums and farewells and tears shed, it was Mr Egwu's turn to respond and while speaking, he said; "this is not goodbye".

It was not the semantics but the irony of the expression that struck me. Can you imagine? It was his farewell, send-off, goodbye assembly and he was saying "this is not goodbye"! Then, what is it? However, on closer examination, there was actually no irony in the expression after all. Yes, it was a farewell meeting but when there is a strong bond between the person who is leaving and the rest of the people, you cannot exactly be leaving because your mind would be bonded with the person.

Such appears to be the bond which links Mr Egwu with the rest of the Regent School community. The few years he has spent in

Regent Secondary School feels like eternity while the distance occasioned by his departure seems not to exist - thanks to technology anyway. Reading the speeches of the Headboy and the Headgirl, perhaps would enable you to feel the pulse of their thoughts about the man, Mr Egwu.

It was a weekend of kicks, punches and shouts as Mr Akinola appeared to have brought the Olympics to The Regent Secondary School.

It was the Karate Competition in which a number of students spread across the four Houses in the school participated. You will find pictures and articles which express the participants' feelings within.

Please read these and the regular features of this last edition of the Regent Digest before the Half Term break.

See you at the other half of the term.

# From the Principal's Desk

## Highlights

- Karate Competition
- Art Exhibition
- Half-Term Break

### *Dear Parents,*

**A**s we go into the half-term break it is time to reflect on what has been a packed seven weeks.

We have enjoyed two accolades assemblies, celebrated Armed Forces Remembrance Day, held the Inter-House Football competition, a Dads Football match, hosted Primary children at the Boarding Crazy Weekend, held a fantastic Sports Day, a Chess Competition, the House Assembly competition, a Karate Tournament and an Art Exhibition to name but a few things.

This is more activities than some schools do in a whole year and alongside the above list we have run our usual classes, boosters, interventions and after-school activities.

This is what makes The Regent Secondary School stand out as a school of great opportunity and excellence.

### **Karate Competition**

Last Saturday, the Inter-House Karate Competition was held in the Assembly Hall. It was a very formal and professional affair, with three expert judges, who hold high positions in the Karate world here in Nigeria and Internationally.

The standard achieved by the contestants was amazing and the judges were very impressed with what our children could achieve.

### **Art Exhibition:**

On Wednesday, Thursday and Friday this week, student Art Work was displayed in the gallery and in the library. The work was of a very high calibre and showcased what our children can achieve. Well done to the Art Department for guiding the students and putting on the exhibition.

### **Half-Term Break**

As you are all aware, there will be elections held on 25th February, during the final weekend of the half-term break. On Monday 27th February, providing all is calm in Abuja, all teachers and Year 11 students will be in school. The Year 11 students continue with their mock examinations.

For students in Year 7 to Year 10, the day will be a day of online classes and they will not come into school. Tuesday will be a normal school day with everyone back in school. Should there be a need for a different arrangement, the school will contact parents by email.

In the Assembly this week, I used the example of the Karate competition to speak to the students about facing adversity and how through doing that one can achieve greatness. This is what I told them:



**As Cristiano Ronaldo said  
"Dreams are not what you  
see in your sleep, they are  
the things that don't let  
you sleep"."**

*Mr. Robert Franklin  
Principal*

# From the Principal's Desk

"We have come to the end of the first half of term two. It has been a long and very busy half-term. I hope that you have all enjoyed it and that you have gained a lot from it both academically and in terms of co-curricular activities.

Last week, I attended the finals of the Inter-House Karate Competition. It was wonderful to see the developing skill of the contestants. As with all competitions, there were winners and there were those who did not come first. It made me think that in life we all receive setbacks and, at times, have to struggle against adverse conditions. We don't always win. The important thing in achieving greatness, however, is not always winning, it is how you respond to the setbacks. Many times in life, just as in the Karate Competition, battle happens to help teach us a lesson.

We can either learn from that lesson or deny it by staying in our comfort zone and avoiding risk. However, great things never come from mediocrity. To achieve greatness in anything, you need to strive for the extraordinary.

A few weeks ago, I was reading an interview with Vincent Kompany, who was, until about three years ago, the long-standing Captain of Manchester City Football Club. Perhaps, some of you remember him? He had an illustrious career, having won the Premier League title four times, the FA Cup two times, the League Cup four times and the Super Cup twice.

I was very surprised to read that such a successful man as Kompany believes that every chapter in his life started with a setback and a struggle. In the article, Kompany goes on to offer some very sage advice, which I would like to share with you. He says that success does not come when you doubt yourself, nor does it come by giving up in difficult circumstances.

Quite the opposite; it is learning and staying calm in adversity, which leads to success. He says that adversity has a beautiful side to it.

He advises not to shy away from enduring adversity but, rather, embrace

it. The beautiful side to adversity is you will never learn as much as when you have challenges and struggles. It's the best moment to learn. If you are able to stare it in the face, rather than closing your eyes, you can try to solve the problems.

He asks, if you have a problem-solving mind-frame, what can stop you? As students at The Regent Secondary School, you are being very well prepared to meet whatever the future may hold for you. The values, the skills and the understanding that you take into the world with you should hold you in good stead to face the challenges and adversities that life throws your way. Be resilient. Whatever you do, don't give up!

Michael Jordan, the great Basketball player, has famously said, "I've missed more than 9,000 shots in my career. I have lost almost 300 games. On 26 occasions I have been entrusted to take the game's winning shot, and I missed. I have failed over and over and over again in my life. And that is why I succeed. If you refuse to give up, you will always go further than you expected." When things get tough, face the challenges and find a way through them.

As we end this half-term, if you have not succeeded as you had wished in a particular subject or an after-school activity, do not give up. Come back next half-term prepared to take up the challenge that has been laid before you. You all have aspirations, whether it be to study a particular course, go to a certain college or University, to be a great sportsman or woman, to play an instrument really well or to be a karate or chess champion.

Whatever your dream you will face setbacks on the way to achieving it. Face those setbacks and learn from them. Work harder because of them, and drive yourself to overcome them until you achieve your goal.

As Cristiano Ronaldo said "Dreams are not what you see in your sleep, they are the things that don't let you sleep"."

# Farewell Assembly For Mr. King

## *Head Boy's Farewell Speech*



As the Headboy of the Regent Secondary School, I would like to express my gratitude for all the hard work and dedication you have shown as the Registrar. Your contribution to our school community and your positivity have been invaluable, and you have left a lasting impact and big shoes behind to fill.

From sending emails telling us about upcoming events to actually organising events and ensuring the smooth running of the school, you have been there for us every step of the way.

Keeping our parents updated and lots of other things... Your passion and commitment have inspired us all, and we are so grateful for everything you have done.

Thank you for your service, Mr. King. Your dedication and love for the Regent Secondary School will never be forgotten. We wish you all the best in your future endeavours and hope that you will always look back on your time here with fond memories.

Thank you again for everything.





# Farewell Assembly For Mr. King

## *Head Girl's Farewell Speech*



I'd like to thank you on behalf of the Regent Secondary School and the Regent family for your dedicated service to the school. All the sacrifices you have made to make the school what it is today will not be forgotten.

You have been a valuable member of the Regent community. Your organisation has aided you in carrying out school-related activities. You have demonstrated exemplary behaviour and have set a high standard. We must not overlook your judging abilities.

You are always available whenever we need you to judge a competition, both in boarding and day. I had assumed you had spent nearly 12 years at this school until today. This simply demonstrates the amount of time and effort you have put into the service of the school.

*Ameena Kere-Ahmed  
Year 11 Congo  
Head Girl*

I asked a few teachers what their favourite memory of you was, and one teacher mentioned how you decided to do an eviction for the staff members who did not participate in the group chat. Since then, Ms Decker calls you big brother, and you call her big sister. This demonstrates the impact you have on both staff and students.

You will be greatly missed, and we will never forget your contributions to this school. We wish you success in everything you do as you embark on a new chapter of your life.

Thank you.

# New Staff Introduction



**Oghenekevwe omonigho**  
Registrar

Mr Oghenekevwe Omonigho has led administrative teams for over 10 years. He has qualifications in Environmental Quality Management with certifications in HSE, Safeguarding, Office and Administrative Management amongst others.

He has worked in key school management positions in international schools in Nigeria and joins The Regent Secondary School with a wealth of experience and skill in school administration.

Mr. 'Kevwe, as he prefers to be addressed, is an advocate of the hands-on, adaptable approach to leadership and considers this to be pivotal to the building and sustenance of administrative teams that are collaborative, result driven, and efficacious.

He is an ardent Kung Fu practitioner and loves listening to music of all genres. His favourite quote is 'Simplicity is the ultimate sophistication' by Leonardo da Vinci.

# Important Notice!

## STUDENT LATENESS

We have noticed that some students are brought late to school and various reasons given as explanation to allow such students entry to school regardless of the school policy on lateness.

Whilst we recognize that sometimes, circumstances beyond your control may necessitate your ward coming late to school, we kindly admonish that advance notice be sent to the school when instances of this occur.

All such notices should be sent before 8:00 am on the said day and should take the form of emails sent to the Registrar or CSO (see email addresses below)

Registrar - [registrarsec@regentschoolabuja.com](mailto:registrarsec@regentschoolabuja.com)

CSO - [csosec@regentschoolabuja.com](mailto:csosec@regentschoolabuja.com)

OR WhatsApp DM or text messages sent to:

Registrar - 08072293289

CSO - 08072293292

Please note that students who are brought in late (after 8:00 am) will not be allowed into school in compliance with the school policy on lateness.

Thank you for your usual understanding.

# Year 10 Congo Service Learning Report

## My Service Learning Report



*Esther Princess Ekpe  
Year 10 Congo*

**O**n Friday 10th February 2023, we (Year 10 Congo students) visited the school for the blind as part of our service learning assignment. For this project, we put a lot of emphasis on hygiene.

Since it is one of the most essential aspects of human health and living, we wanted to provide hygienic products to the blind. Some of us brought Sanitary pads, tissues, soaps and other products involving hygiene, but that did not mean we didn't take food products as well.

When we arrived, we were guided to a large hall where everyone was seated, after we brought out the gifts we had purchased for them. They sang us a lovely "welcome song" once we sat down, and then they gave us a



talk about what their school was all about, how they manage and study, and how they have fun together. We then explained the purpose of our visit, thanked them for accepting us and also accepting the gifts we brought for them and finally left.

Giving back to society made me feel pretty good, and I hope they appreciated what we donated to them and made good use of it. Additionally, I loved their welcome song since it had such beautiful harmony. If I could turn back time, I would like to give them more and help improve their surroundings.

I have learnt a lot about places that may seem different from where we live every day and so I am grateful.



# Year 10 Senegal Service Learning Report



## My Service Learning Report

**A**s part of our service learning, year 10 Senegal organized a trip to Victorine's home for children. We gathered old toys, toiletries, foodstuffs, and old clothes for the children temporarily residing in the foster home.

We were given a brief explanation of the backstory of the home and what they did for the children. I learned that most of the children there were from single women who couldn't take care of their children, from an insane mother, or were orphaned.

The children would be taken care of till they are of age and then they would be taken to their hometown in Nigeria to continue schooling. I made some new friends at the foster home and we played games and had fun. I met a pair of cute twins and a girl named Emmanuella.

Altogether, the trip was a very fun, happy, and thoughtful moment for me and the trip made me reflect on myself and how I can help them more in the future.



*Hadassah Orban-Nyiakura  
Year 10 Senegal*



**O**n the 10th of February was our service learning trip to the orphanage. That morning, my classmates and I brought a lot of items such as cartons of indomie, toilet paper rolls, cookies, bags of rice, clothes, etc.

After school, we put the items on the bus and drove to the Victorine Home for Children.

As we arrived, we were welcomed by the Sister of the orphanage and the pleasant-looking children from ages 3 to 13. After which we mingled with kids; before I knew it, an hour had already gone, and it was time to go back to school.

The trip to the orphanage was a very worthwhile experience for me. I learned more about the life of others who are not as privileged as me. It taught me to be more grateful for what I have now and share happiness with others.

*Amolika Singh  
Year 10 Senegal*

# Year 10 Senegal Service Learning Report



# INTER-HOUSE KARATE COMPETITION



## *Dedication at its peak*

**T**he day had come and it was time to practice what we had been taught in earnest by our Sensei. Starting from the qualifying rounds of Kumite and Kata to the finals, the whole event was graced with the touch of dedication, high self esteem and boldness displayed by all the Karate-Kas.

I was privileged to be a part of the under 70kg KS4 boys category for both Kata and Kumite. I found it all a great honour to compete with people of such high expertise in the field of Karate as I was not only able to perform my Kata but also learned from those ahead of me.

The award ceremony of this prestigious event reflected an excellent display of talent, culture and teamwork. Each medal received, rang a different bell in our heads and taught us the lesson that every good thing comes with great sacrifice.

I would like to also use this medium to say a big thank you to all the people who made this possible and a huge success including the Sensei Akinola, the ever supportive boarding team, the graphics and communication team and more.

Overall, the event was indeed a memorable and impactful one. I am without a doubt that this life changing experience has brought joy to not only our hearts as Karate-kas but to the spectacular spectators too.



*Danga David  
Year 10 Benue*

# INTER-HOUSE KARATE COMPETITION

## *My Inter-House Karate Competition Experience*

I had put some effort in the training the day before the competition. I was kind of confident but I tried not to be complacent, who knows!

I was told to get a good night's rest at the end of training, as the competition was on Saturday, the next day. I had eaten well and had done little of my homework because I wanted to sleep well, but the very next day I ate a light breakfast at 7:00 am on the dot. But as usual I was 20 minutes late, but I had just got there in time.

The competition was about to start. I sat first in line, then some others to my right. My heart was pounding as I had a fear of doing things in front of a crowd except for people close to me. When I came on to the mat, the lights were off and the spotlight was on me and me only. I got so scared and I was trembling. I had mixed up my Kata in the end. At that moment I wanted to start again but ended up just bowing without even finishing properly.

You see, I was not mentally prepared as I was not expecting it to start like this. Everything was so sudden I could not even think straight. I just knew I had come last. I had cried when I sat down at the back of the rows of chairs. I was disappointed with myself for messing up and had let people down.



*Atnasia Eminu  
Year 7 Congo*

I just gave up and started to read my favourite book I had come with. It kind of calmed me down. The next fight was Kumite, a sparring and fighting competition. As usual, the same thing happened again.

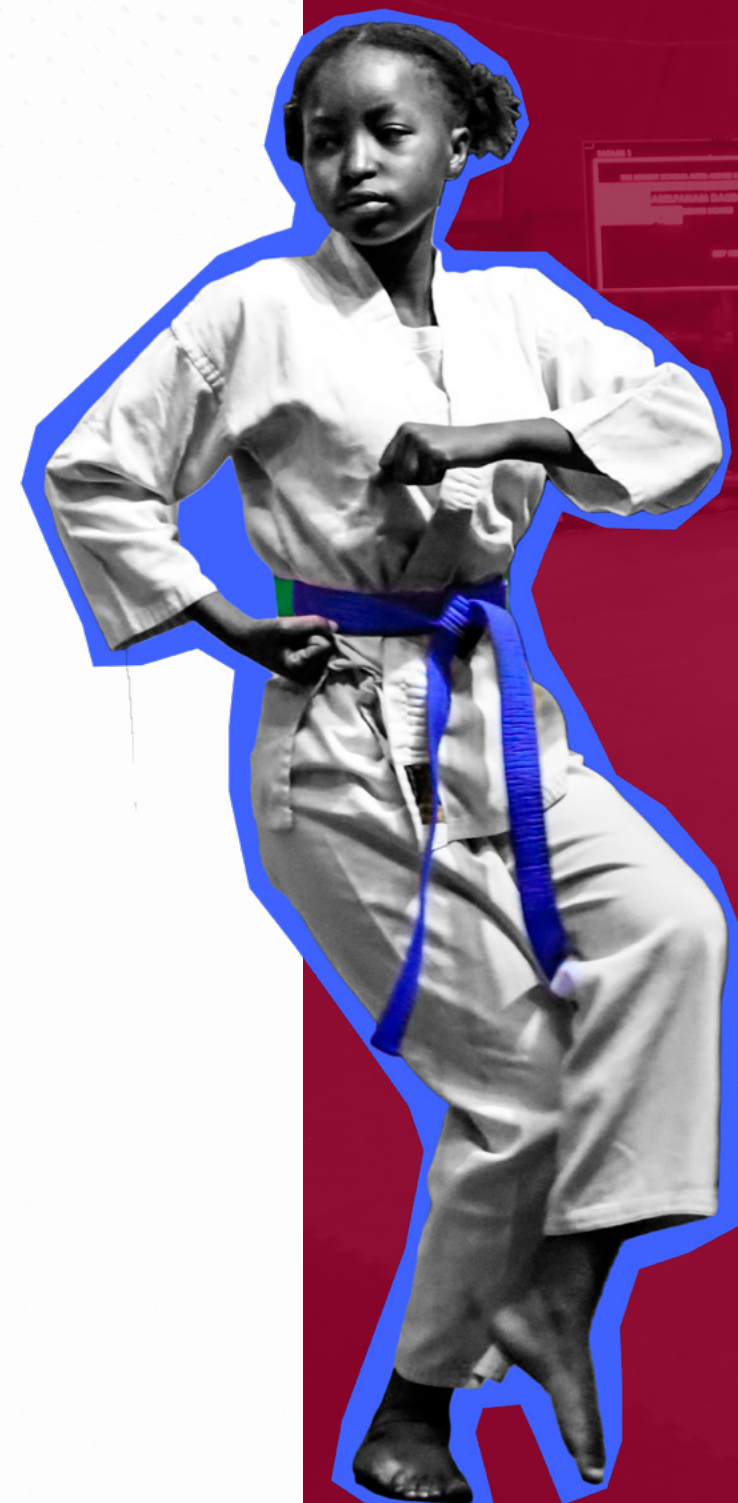
My heart was pounding so I tried to calm myself down. I had worn blue gear and on the other side my opponent was wearing red gear. I slowed my breathing as I was still kind of scared. I got on the mat and bowed respectfully to my opponent as we are supposed to do.

We fought for two minutes as that was round 1. I had landed a combo, which gave me a point. At that time I did not know how I had gotten that point while my opponent still had not gotten a point and I started to avoid combat, so time ended and I had won the first round. The second round had given me a tough opponent as she was a purple belt and had more experience and was in year 8.

I did my best to fight back but she was coming fast at me and had scored a total of 4 points and I had none. Somehow, I still entered the final but my opponent won.

At the end of everything, people were being called out and I had no idea what it was about because I was focusing on another book. Suddenly, I was called and I went onto the stage.

I had gotten a silver medal and the medal looked cool. I was proud of myself for this as it was not bad for a first try. The lesson I have learnt is to always be confident in what I do and no matter the cost, it is better I try, and that's what matters.



# INTER-HOUSE KARATE COMPETITION



# INTER-HOUSE KARATE COMPETITION



The Inter House Karate Competition was held on the 11th of February 2023 with different competitors from the various houses in participation. From The individual Kata event, to the team Kata event rounding up with the Kumite event, this 5 hours and 30 minutes program was truly breathtaking and lesson teaching.

I was opported to be one of the contestants for the KS3 male Kata event and the under 47 kg male Kumite event. Preparing, practicing, and walking up to the tatami, truly drenched me in a pool of tension and fear. However, I had to overcome this fear and eventually I was privileged to emerge successful with 2 medals.

The Inter House Karate competition kicked-off with the qualifying round at 8:30 am with only the Karate-kas and some of the supporting boarders in attendance. While some of the Karate-kas from their various groups advanced to the finals, some made it to the third place match.

The boarders, day students and parents made their arrival by 12:00 pm to view the finals of the inter-house Karate competition that was judged and refereed by three guest

professional, national judges and referees alongside our very own Vice Principal Pastoral, Mr. Olusegun Akinola. This astonishing and breathtaking event was wrapped up with an impressive cultural themed medal ceremony.

I would like to use this platform to thank all the People who contributed to make this Inter-house Karate competition successful. Including Our Sensei, Mr. Olusegun Akinola, The ICT and graphics departments and the maintenance staff who helped to set up the hall alongside some of our teachers.

The truly staggering and incredible Inter- House karate competition has enlightened us on how to be bold and courageous and how to overcome our fears and tension.

It was definitely a noteworthy event that should always be remembered as one of the all time greats.

*Danga Daniel  
Year 8 Benue*



# INTER-HOUSE KARATE COMPETITION



# INTER-HOUSE KARATE COMPETITION



# MEDICAL CORNER



## IMPORTANCE OF KARATE TO STUDENT HEALTH

**K**arate is a form of martial arts that offers a wide range of health benefits to students. It can improve both physical and mental health, as well as promote self-discipline and self-confidence.

Here are some key benefits of karate for students:

### *Physical health benefits:*

- Builds strength, flexibility, and endurance.
- Helps maintain a healthy weight.
- Reduces the risk of chronic diseases such as diabetes, heart disease, and high blood pressure.

### *Mental health benefits:*

- Improves cognitive function and memory
- Helps manage stress and anxiety
- Builds self-discipline and self-control

### *Other benefits:*

- Increases self-confidence and self-esteem.
- Builds a sense of community and connectedness.

In addition to being a fun and engaging way to stay active, karate offers a supportive and encouraging environment that can help students develop a strong sense of well-being.

Whether you're a beginner or an experienced practitioner, karate can be a valuable tool for improving your overall health and well-being.



*Ememabasi Ifiok Mel  
School Nurse*

# READER OF THE WEEK



*Hadassah Urban-Nyiakura  
Year 10 Senegal*

*She has read and reviewed the following books;*

- • *Monster of Men by Patrick Ness*
- • *The Ask and the Answer by Patrick Ness*
- • *The Knife of Never Letting Go by Patrick Ness*

## Quotation of the Week

*“Without words, without writing and without books there would be no history, there could be no concept of humanity.”*

– - Hermann Karl Hesse (1877-1962) was a German-Swiss poet, novelist, and painter.

## Something to think about

You probably know that snails are slow creatures, but did you know that they also take the longest naps? One nap can last up to three years!



# UPCOMING EVENTS

Half-Term Break	February 18 – 25
Prefect Husting/E-Voting	February 28
Parent Teachers Conference	March 3
Humanities Week	March 6 – 9
Inter-House Speech Competition	March 10



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Week 1	JAN 2	JAN 3	JAN 4	JAN 5	JAN 6	JAN 7	JAN 8
		*TEACHERS PD/STAFF TRAINING DAY, *BOARDERS RETURN	*CLASSES START *ASSEMBLY	*ACTIVITIES SIGN-UP FAIR *DOFE TRIP TO THE UK STARTS	ASSEMBLY		BOARDERS RESUME
Week 2	JAN 9	JAN 10	JAN 11	JAN 12	JAN 13	JAN 14	JAN 15
	* SCHOOL PRODUCTION REHEARSALS	ACTIVITIES AND INTERVENTIONS START	ARMED FORCES REMEMBRANCE DAY		*ARMED FORCES REMEMBRANCE ASSEMBLY *PARENT TEACHERS CONFERENCE *DOFE TRIP TO THE UK ENDS	* STUDENT COUNCIL INTER-HOUSE FOOTBALL COMPETITION * PARENT TEACHERS CONFERENCE	
Week 3	JAN 16	JAN 17	JAN 18	JAN 19	JAN 20	JAN 21	JAN 22
	HALF-TERM ASSESSMENT WINDOW BEGINS	* SLT VISIT TO TRPS (1:30 P.M.) * ICT EXCURSION	OPEN DAY		*BOARDING CRAZY WEEKEND *ACCOLADES ASSEMBLY	* INTER HOUSE CHESS COMPETITION * BOARDING CRAZY WEEKEND	* BOARDING CRAZY WEEKEND
Week 4	JAN 23	JAN 24	JAN 25	JAN 26	JAN 27	JAN 28	JAN 29
	* SCHOOL PICTURES: YEAR 7	SCHOOL PICTURES: YEAR 8	SCHOOL PICTURES: YEAR 9	*SCHOOL PICTURES: YEAR 10 *INTER-HOUSE COOKING COMPETITION	*SCHOOL PICTURES: YEAR 11 *EXEAT WEEKEND *ASA ACCOLADES ASSEMBLY *STUDENT COUNCIL INTER-HOUSE FOOTBALL COMPETITION *FORSS DADS FOOTBALL MATCH	* ENTRANCE EXAMINATION * EXEAT WEEKEND * DOFE ADVENTUROUS JOURNEY (LOCAL)	* EXEAT WEEKEND * DOFE ADVENTUROUS JOURNEY (LOCAL)
Week 5	JAN 30	JAN 31	FEB 1	FEB 2	FEB 3	FEB 4	FEB 5
	*APPLICATIONS FOR STUDENT LEADERSHIP POSITIONS (PREFECTS, COUNCILS) OPENS		*APPLICATIONS FOR STUDENT LEADERSHIP POSITIONS CLOSES *PROGRAMMES OF STUDY INPUT ON SIMS		* HALF-TERM ASSESSMENTS END *ASSEMBLY COMPETITION (ALL HOUSES) *RELEASE OF KOGNITY REPORT	SPORTS DAY	
Week 6	FEB 6	FEB 7	FEB 8	FEB 9	FEB 10	FEB 11	FEB 12
	*STUDENT COUNCIL SPIRIT WEEK BEGINS *DEADLINE FOR HT REPORT TO SIMS	WHOLE SCHOOL PICTURE			*HALF-TERM REPORTS ISSUED *STUDENT COUNCIL SPIRIT WEEK ENDS. * DOFE AWARDS CEREMONY	INTER-HOUSE KARATE COMPETITION	
Week 7	FEB 13	FEB 14	FEB 15	FEB 16	FEB 17	FEB 18	FEB 19
		MOCK EXAMS START	*ART EXHIBITION	*ART EXHIBITION	*ART EXHIBITION	<b>HALF-TERM BREAK</b>	
Week 8	FEB 20	FEB 21	FEB 22	FEB 23	FEB 24	FEB 25	FEB 26
	<b>• HALF-TERM BREAK</b>						BOARDERS RETURN
Week 9	FEB 27	FEB 28	MAR 1	MAR 2	MAR 3	MAR 4	MAR 5
	*PREFECT'S HUSTINGS (8:00 AM) *E-VOTING ALL STUDENT LEADERS (1:15PM - 9:00 PM)	COLLATION OF STUDENT LEADERS ELECTION RESULTS	SUBMISSION OF RESULTS TO THE BOARD		* ELECTION RESULTS (7:45AM) * INTER-HOUSE MATHEMATICS COMPETITION * DOFE 24 HOUR FAMINE * PARENT TEACHERS CONFERENCE		
Week 10	MAR 6	MAR 7	MAR 8	MAR 9	MAR 10	MAR 11	MAR 12
	HUMANITIES WEEK STARTS		*PROGRAMMES OF STUDY INPUT ON SIMS	HUMANITIES WEEK ENDS	* COFFEE MORNING * INTER-HOUSE SPEECH COMPETITION * EXEAT WEEKEND * MOCK EXAMS, INTERVENTION & ASA END * RELEASE OF KOGNITY REPORT * PARENT TEACHERS CONFERENCE	* EXEAT * DOFE 24 HOUR FAMINE * SCHOOL PRODUCTION REHEARSALS * PARENT TEACHERS CONFERENCE	
Week 11	MAR 13	MAR 14	MAR 15	MAR 16	MAR 17	MAR 18	MAR 19
	<b>• END-OF-TERM EXAMINATIONS</b>						* SCHOOL PRODUCTION REHEARSALS * ENTRANCE EXAMINATION
Week 12	MAR 20	MAR 21	MAR 22	MAR 23	MAR 24	MAR 25	MAR 26
	<b>• END-OF-TERM EXAMINATIONS</b>		COBIS GAMES DEPARTURE		* INTER-HOUSE BASKETBALL COMPETITION	* CAREER FAIR * SCHOOL PRODUCTION REHEARSALS	
Week 13	MAR 27	MAR 28	MAR 29	MAR 30	MAR 31	APR 1	APR 2
	* TASTER LESSONS ALL WEEK * STUDENT PROJECTS START	*REPORTS COMPLETED *COBIS GAMES ARRIVAL	*DEADLINE FOR EOT DATA INTO SIMS			* BOARDING INTER-HOSTEL DEBATE COMPETITION	
Week 14	APR 3	APR 4	APR 5	APR 6	APR 7	APR 8	APR 9
		*ACCM STARTS		*DRAMA CLUB PRESENTATION *STUDENT PROJECTS SUBMISSION *REPORTS ISSUED *STAFF PD *END OF TERM	* GOOD FRIDAY(PUBLIC HOLIDAY)		* EASTER



Saturday  
**25th**  
 March  
 2023



We invite Parents and Alumni to volunteer to talk about and offer advice about a chosen career to students and parents.

# 2023 Careers fair

ALL YEAR 9, 10 AND 11 STUDENTS ARE INVITED TO ATTEND THE EVENT WITH THEIR PARENTS/GUARDIANS.

## HIGHLIGHTS

- Career options and opportunities advice
- Up-close look to diverse career paths
- Advice on the personal skills employers will be looking for
- Connecting learning experience to the real world
- First hand guidance on subject choices for degree courses

@theregentschoolabuja



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**WE ARE PROUD TO EDUCATE STUDENTS FROM**

# 38 NATIONALITIES

**ON OUR BEAUTIFUL CAMPUS**



AFGHANISTAN



ALGERIA



ANGOLA



ARMENIA



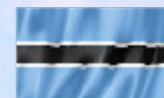
AUSTRALIA



BANGLADESH



BARBADOS



BOTSWANA



CHINA



EGYPT



ETHIOPIA



FRANCE



GHANA



INDIA



INDONESIA



IRAN



ISREAL



ITALY



JAPAN



KENYA



LEBANON



NETHERLAND



NIGERIA



PAKISTAN



POLAND



SIERRA LEONE



SOUTH AFRICA



SRI LANKA



SUDAN



SWEDEN



SYRIA



TANZANIA



THAILAND



UNITED KINGDOM



UGANDA



UNITED STATES OF AMERICA



ZAMBIA



ZIMBABWE